

Department of post-graduate studies in Prasuti Tantra and Stree Roga
Parul Institute of Ayurveda
Parul University
Report

With the motivation of our managing trustee Dr. Komal Patel madam and support of our dean Dr. Hemant Toshikhane Sir, the department of Prasuti Tantra and Stree Roga conducted a number of activities to commemorate the month of January, which is the month for awareness of cervical cancer. 24Jan is also the National Girl Child Day. **A free Cervical pap smear camp was conducted in the PTSR opd for the entire month.** A number of other activities were also conducted to highlight the focal points. They are as under-

Inauguration of the event was done at the hands of the Managing trustee Dr. Komal Patel madam and dean of Ayurveda Dr. Hemant Toshikhane sir on 1st. January 2021 in the reception area of Parul Ayurveda Hospital. The importance of pap smear testing was highlighted by the dignitaries in their addresses. A skit in hindi was also performed by the PG scholars of the PTSR department and intern students. Refreshments were served to the volunteers in the Bank canteen.

On 5th Jan 2021 an informative talk on cervical cancer and pap smear was organized in the auditorium of Parul Institute of Ayurveda for the women employees of the various colleges on the Parul University campus. The speech delivered by Dr. Lumi Bhagat-Asst.Prof of PTSR dept. was appreciated by the audience. Around 40 women attended this informative talk.

On 6th. January 2021, an informative talk on the topic of pap smear was arranged for the departmental scholars. The speaker Dr. Sandeep Dahilekar-Prof. Rog Nidan enlightened the audience regarding various aspects of pap smear. Dr. Hrishita Dahilekar also accompanied him. They were both greeted with bouquets. Dr. Dahilekar was presented with a gift as a token of appreciation.

On 8th Jan 2021, an informative talk in Gujarathi was delivered by Dr. Rita Makim, Prof-PTSR for the housekeeping staff of Parul University. The women were instructed about the need for pap smear testing and were motivated to avail the free pap smear facility by visiting the OPD No. 104 of PAH. Nearly 35 women attended the session. A skit in gujrathi was also enacted by the PG scholars of PTSR and interns to motivate the women.

On 12th Jan 2021, a guest speech for all PG scholars was arranged in the PIA auditorium, Speaker Dr. Viral Shah (M.Ch) spoke about gynaecological cancers and the need for HPV vaccination. Dr. Sunita Jolly (Dean –Parul Institute of social work) spoke about the social perspective with regard to the condition of the girl child. Both the speakers were greeted with flowers. Their enlightening talks were highly appreciated by the audience of nearly 60-70 scholars and faculty. A gift as a token of appreciation was presented to both the speakers.

The department is very grateful to Dr. Komal Patel madam and Dr. Hemant Toshikhane sir for their valuable support and guidance. The activities conducted throughout the month, exposed the scholars of the department to various activities that are required for conducting programmes. It emphasized the importance of team work and also added to their knowledge base. Patients took the benefit of the free pap smear testing. We hope for similar support to all the activities that the department may take up in the future.